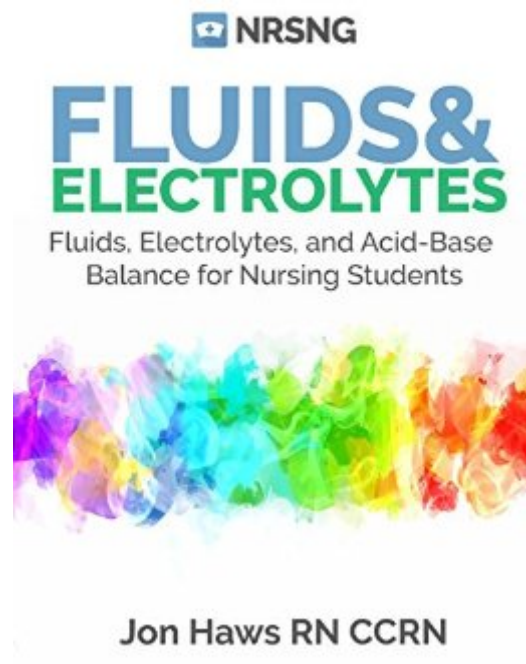


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# Fluids, Electrolytes And Acid-Base Balance: A Guide For Nurses + Practice Questions, Case Studies, Charts



## Synopsis

Diagrams + Detailed Explanations = NCLEX® Crusher! Fluid, Electrolytes and Acid-Base balance can be one of the most complicated and involved topics for nursing students . . . I know it was for me while I was in nursing school. This ebook provides in depth detail designed specifically for nurses and nursing students. Stop wasting time and start crushing your nursing exams in areas of fluid and electrolyte balance and blood gas (ABG) interpretation. After Reading This Book You Will Be Able To: - Quickly identify blood gas values (ABGs) - Quickly assess fluid and electrolyte abnormalities in your patients - Identify IV fluids and state their uses and limitations - Discuss how fluids and electrolytes are transported in the body (osmosis, active transport, etc) - Outline physical, laboratory, and clinical assessment findings associated with abnormal electrolyte levels - Discuss basic Acid and Base (blood gas) abnormalities - Discuss third spacing and abnormal fluid movement - Kick the NCLEX® to the curb! Detailed Chapters Over Important Topics This book is designed with nurses in mind and includes detailed information needed to conduct in depth assessments and interpret laboratory and clinical data to provide holistic patient care. Includes: Case studies, lab values, detailed outlines, clinical assessment findings, free downloads, and more! With this guide in hand you will no longer be confused about what osmosis is, or the osmolarity of different IV fluids. Includes a FREE DOWNLOAD of an IV Fluids chart that you can use as a quick reference on the clinical floor. Detailed clinical and laboratory assessment findings are outlined in the book to help you quickly identify electrolyte abnormalities in your patients. Includes NCLEX® questions with detailed rationales entirely focused on Fluids and Electrolytes. From your trusted friends at NRSNG.com NCLEX® is a trademark of NCSBM and holds no affiliation with NRSNG

## Book Information

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## Customer Reviews

As a recent nursing graduate, I found this book to be extremely helpful. It can't compare with the other guides out there on this particular subject matter. I can say this matter-of-fact, because I have read them all in my preparations for my upcoming boards (NCLEX). As a member of Jon's street team, and a huge fan I can honestly recommend all of his work. All of the materials he provides are up-to-date, medically relevant, & most important accurate. What he does between his website and texts amazes me, and the best kept secret. By far he is the best NCLEX resource. I'm not sure what drives him or his incredible motivation to reach out to new graduates but it's truly a blessing. Spread the word, because you're all missing out!!!! Kristina Dwyer LPN Associate Health Science Certified Wound Care

Good information-- good review. The layout leaves a bit to be desired but it's fast, easy, and good information. Used this as review before finals and before taking the NCLEX-RN and did well. Worth a shot---- cheap, easy info- good mix.

Extremely informative. I struggled with fluid and electrolyte balance in the LVN program and this has helped me a lot. I am planning on using this to brush up for my upcoming RN program, and as a reference during the program. I wish I would have found these books and the nrsng.com site sooner!

I've said it before, I'll say it again: Jon Haws is the reason I feel somewhat confident in my knowledge as a nursing student. Every single guide he produces has helped me grasp the information better than if I were just using my nursing textbooks, and the F&E guide is no exception. I'd be lost without this dude!!

Everyone in nursing school has struggled with this topic.... the struggle is now over....This book explains fluids and electrolytes in a simple manner that will increase your overall nursing knowledge.

This is an excellent guidebook, not only for nursing students, but also for wellness coaches and anyone involved in athletics. It is vital to understand build intake, electrolytes, and acid-balance, and while this book is created to help nursing students pass their exam, it is interesting knowledge for anyone involved with fitness, as well. This book looks at how fluids and electrolytes are transported in the body through osmosis, active transport, and more. However, this book also looks at assessment findings associated with abnormal electrolyte levels. "I honestly did not know how much low (or high) electrolyte levels can affect the body" so now I know how important it is to remain properly hydrated during workouts and other athletic activities. This is also well-organized and concisely written. If you are using this as a study guide, you should be able to take this material and be able to recall it easily. Extremely professional and filled with valuable information.

This book is amazingly helpful! It walks you thru the information as though Jon was sitting there teaching it to you. Written for understanding, I have 14 or so of his books to help review for the NCLEX. I just wish I had them earlier in my schooling. All loaded on my kindle no need to carry all of them around. Love it, thanks Jon!

F&E and Acid Base unfortunately do not come easy to me. This is a great review and learning tool for anyone needing to master it or learning it for the first time. The questions at the end and the diagrams throughout the pages are super helpful as well!

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